

# Living Wisdom School Fall Raffle 2019

## *Celebrating our School Community*

### 1. Bend Overnight Getaway & Outdoor Adventure

Enjoy a 2-night stay in a beautiful house in Bend, Oregon. This luxurious 3-bedroom/2.5-bathroom home sleeps 10. It features a hot tub & foosball table. View at [www.meredithlodging.com/vacation-rentals/meadowbrook](http://www.meredithlodging.com/vacation-rentals/meadowbrook)

While in Bend, enjoy a 1/2-day naturalist-guided tour of Oregon's lakes, rivers, forests, and caves with Wanderlust Tours.

### 2. California Spiritual Retreat Experience

Two-night personal retreat for 2 at the Expanding Light. This premier Yoga & Meditation Retreat is nestled in the Sierra Nevada Foothills of Northern California. Enjoy delicious vegetarian cuisine, 2 yoga and meditation sessions per day and one optional class or activity. Relax, recharge, and uplift your spirit. View at [www.expandinglight.org](http://www.expandinglight.org)

### 3. Gift for Aspiring or Advanced Guitarists

Handmade Norman Model B-20 Acoustic Guitar made in Quebec, Canada.

### 4. Custom Stained-Glass Creation by Samantha

Glass artist Samantha Balmes will create a 100 piece 10"x10" custom stained-glass art piece based on your design and inspiration.

### 5. Healing and Wholeness

- Re-Member Massage--one 90-minute bodywork session
- Chris Wheeler--90-minute Energy Medicine session
- Meredith Massage—90-minute massage and mineral mud treatment
- Chirocentric--Chiropractic Evaluation & Treatment
- K'Lynn Simpson--1-hour Swedish or Deep Tissue Massage
- Melinda Norman-Reiki session

## 6. Family Martial Arts Experience

- Naga-1 month membership & free uniform-little monkeys 4-6 year old
  - Naga-1 month membership & free uniform-7-11 year old
  - Naga-1 month membership & free uniform-teen & young adult
  - Naga-1 month membership & free uniform-moms & dads
- View at [www.nagacommunity.com](http://www.nagacommunity.com)

## 7. Family Adventures

- Oaks Park-6 roller skating passes
- Wildlife Safari-2 admission tickets
- World Forestry Center-pass for family of 4
- Portland Spirit-Cinnamon Bear Cruise-Admission for 2 adults (Valid November & December only)
- Sherwood Ice Arena-10 passes
- Comedy Sportz-\$60 gift card
- Thinker Toys- Koala Stuff

## 8. More Family Adventures

- Oregon Coast Aquarium-2 admission tickets
- PDX Children's Museum-passes for 4
- Northwest Children's Theater-2 passes to see Matilda--Dec 7-Jan 5
- Enchanted Forest-2 admission tickets
- John's Incredible Pizza-2 admission passes
- OMSI-2 adult & 2 youth passes
- Kids at Heart Toys- Plush Animal

## 9. Discover Your Favorite Restaurant

- Por Que' No? Taqueria-\$100 gift certificate
- Dinner at Mingo-\$75 gift certificate
- Nonna Emelia Italian Restaurant- \$40 gift card
- Swagat Indian Restaurant-\$40 gift card
- Seasons & Regions-\$25 gift certificate
- Cruise-In Diner-\$25 gift certificate

## 10. Grown Up Fun

- Academy Theater-4 movie passes
- Oregon Symphony- 2 tickets
- Oregon Shakespeare Festival-2 tickets
- Multnomah Arts Center-\$25 off class
- Mimosa Pottery Studio- \$15 gift certificate
- Human Bean-\$20 gift card

## 11. Vedic Wisdom and Wellness

- Vedic astrology reading with Fedor Alvarado
- Beautiful 12-inch blue wash resin Ganesha statue from New Renaissance Bookshop (retail value \$105)
- Garden Home Yoga-1 month unlimited yoga with Sandi

## 12. Active Kid

- Revolution Parkour Beaverton-1 month unlimited classes
- Grasshopper Toys & Books-\$25 gift card
- Multnomah Arts Center-\$25 off class
- Timberline Lodge & Ski-\$50 gift card

## 13. Parent Recharge

- Re-Member Massage-one 90-minute bodywork session
- Grand Central Bakery-Bread of the month for 1 year
- K'Lynn Simpson-30-minute Back& Neck Rescue
- Seasons & Regions-\$25 gift certificate
- Human Bean gift card-\$20 gift card

## 14. Beauty for Your Home

- Dale Chihuly 18x12 framed print by photographer David LaBriere
- Exquisite 12-inch cylindrical, silver brushed, punched metal lamp made in Egypt by metal artisans (retail value \$219) view at: <https://zenzahome.com/gb/lighting/233-tally-fan-s.html>.